

# We are here to help

We know that you are really missing mum or dad and not having them at home with you is really hard.

**But we are here to help you get ready for your visit with them!**



SHINE for Kids®



## Where you can find us

Our Child and Family Centres are located at the prisons where we operate, usually near the car park. They are a welcoming space for families to drop in when visiting loved ones in prison. Our Centres are comfortable child friendly places where kids can play or take part in activities with our Child and Family Coordinators. Parents can enjoy a cuppa, change a nappy and take a moment to relax before or after a visit.

### NSW locations

- Bathurst Correctional Centre** (02) 6332 5957
- Cessnock Correctional Centre** (02) 4991 1035
- Clarence Correctional Centre** (02) 9714 3000
- Family Support, Western Sydney** (02) 9714 3000
- Frank Baxter Youth Justice Centre, Kariong** (02) 4340 3842
- Goulburn Correctional Centre** (02) 4821 2300
- Francis Greenway Correctional Centre, Windsor** (02) 4574 1542
- Junee Correctional Centre** (02) 9714 3000
- Long Bay Correctional Centre** (02) 9714 3000
- Macquarie Correctional Centre** (02) 6845 4666
- Mid North Coast Correctional Centre, Kempsey** (02) 6561 3803
- Aboriginal Community Engagement Worker, Kempsey** (02) 6561 3800
- Parklea Correctional Centre** (02) 9837 4397
- Silverwater Correctional Centre** (02) 9714 3001
- South Coast Correctional Centre, Nowra** (02) 4423 4185
- Wellington Correctional Centre** (02) 6845 4666
- RISE Education Support** (02) 9714 3000

### National Office, Sydney

enquiries@shineforkids.org.au or (02) 9714 3000

**Visit [www.shineforkids.org.au](http://www.shineforkids.org.au) for more information**



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# your visit

The first time you go to see mum or dad, **it might be a bit strange**. There will be lots of people in uniforms that are working. They are there to help you have a good visit.



### Sometimes there are dogs

They are friendly but **you can't pat these dogs** as they are doing an important job smelling everyone to make sure everything is safe.

### Toilet time

Do you need to go? Make sure you tell the grown-up you are with if you need to go to the toilet **BEFORE you see mum or dad!**



### The locker

Before you see mum or dad, you will get a special box. It's really important that you **put everything you have with you** in this box.

### The big gate

**You'll walk through a big gate** and the people who work there might wave a wand over your clothes.



### The big loud doors

Before you can see mum or dad you'll need to **go through some big heavy doors**. They might make a bang sound but don't worry.

### The Visits Room

You and the grown-up you are with will get a special table to sit at and wait for mum or dad. **Mum or dad are on their way!**



### Seeing mum or dad!

When mum or dad arrive, you can **give them a big cuddle** and tell them about your day! Mum or dad will be wearing a uniform and will look the same as lots of the other grownups in the room. Just like a football team!



### Have a play with us!

It's a long time sitting down! Don't worry if you need to have a wiggle, **you can pop over and have a play or draw some pictures with SHINE** (we have purple t-shirts!). We have a special area just for kids in the room. You can even draw mum or dad a picture to put up in their room!

### Saying goodbye

We know you miss mum or dad and **saying goodbye is really really hard**. It's ok. Remember they are safe and you'll get to see them again soon. And you can always speak to them on the phone and send them letters and craft to show them that you miss them.



### A special box for mum or dad

Maybe you can **keep a special box** with your best art and craft to show them when they come home too?



### SHINE for Kids works with a number of Aboriginal communities in Australia.

We acknowledge Elders both past and present and the future generations. We also acknowledge the disproportionate impact that imprisonment has had on Aboriginal families and communities.