

# Bringing Up **GREAT KIDS**



SHINE for Kids®

A parenting program for mums and dads  
in custody and the community

Building futures  
so kids can *shine*

## Who we are

We are passionate about transforming the lives of children and young people affected by the criminal justice system.

## What we do

We provide services and programs to support children and young people who have had contact with the justice system, from infancy to adulthood.

## Where we are

We are a national charity and operate in NSW, VIC, ACT and QLD.  
Email us at [enquiries@shineforkids.org.au](mailto:enquiries@shineforkids.org.au)

Shine for Kids recognises the Traditional Custodians of Australia and the local Aboriginal communities where we provide services.



Find out more at [shineforkids.org.au](http://shineforkids.org.au)





# Bringing Up GREAT KIDS

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## What is Bringing Up Great Kids?

Bringing Up Great Kids is an evidence-based parenting program that gives mums and dads the tools to connect with their children and build positive, healthy relationships.



## What's involved?

This structured course is delivered weekly with modules covering children's brain development, emotional development, communication techniques, and understanding children's behaviour.

Parents are supported to reflect on their childhood and what has influenced their parenting, and are guided through the modules by a skilled facilitator.



## Why is this program needed?

This program was developed by the Australian Childhood Foundation to help parents connect with their children.

It is beneficial for families who have had a disruption to the critical child/parent bond, which happens when a mum or dad is taken into custody.

Children with a mum or dad in custody can experience isolation, emotional distress, and disconnection from their family.



## Who is eligible?

Mums and dads in custody as well as mums and dads in the community who have a family member in custody are eligible for this program.

Please visit [www.shineforkids.org.au](http://www.shineforkids.org.au) to find the current locations this program is offered.



## How do I sign up or refer someone?

If you are a parent in the community with a partner/family member in custody and would like to take this course, please email us at [enquiries@shineforkids.org.au](mailto:enquiries@shineforkids.org.au).

If you are a parent in custody or would like to refer a parent in custody, please contact your local SHINE for Kids staff member or Programs Officer. You can also email us at [enquiries@shineforkids.org.au](mailto:enquiries@shineforkids.org.au).



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