

# Rise

Mentoring for  
primary school  
children with a  
parent in custody

Building futures  
so kids can *shine*

## Who we are

We are passionate about transforming the lives of children and young people affected by the criminal justice system.

## What we do

We provide services and programs to support children and young people who have had contact with the justice system, from infancy to adulthood.

## Where we are

We are a national charity and operate in NSW, VIC, ACT and QLD. Email us at [enquiries@shineforkids.org.au](mailto:enquiries@shineforkids.org.au)

Shine for Kids recognises the Traditional Custodians of Australia and the local Aboriginal communities where we provide services.



Find out more at [shineforkids.org.au](http://shineforkids.org.au)



SHINE for Kids®

# What is Rise?

Rise is a mentoring program for primary-aged children with a parent in custody delivered in school. The program is designed to support children's emotional and social wellbeing and encourage positive engagement with their school communities.



## What's involved?

Children receive weekly one-on-one support from a dedicated and trained Rise mentor with weekly sessions during school hours for the duration of a year.

The program involves a series of structured activities which provide students with the tools they need to become resilient, confident, and future-focused young people.



## Why is this program needed?

Children with a parent in custody often experience change and stress in their family life, making it hard to focus at school. They might change schools or move house and feel stigmatised and disconnected from their peers and communities.

A consistent positive adult role model promotes wellbeing by giving children the emotional and social tools to engage with their peers and education. The program may also support increased school attendance and decrease anti-social behaviour.



## Who is eligible?

Primary-school aged children with a parent in custody who would benefit from the support provided by the program are eligible. Please visit [www.shineforkids.org.au](http://www.shineforkids.org.au) to find current locations Rise is offered or email us at [enquiries@shineforkids.org.au](mailto:enquiries@shineforkids.org.au).



## How do I refer a child for support?

Email us at [enquiries@shineforkids.org.au](mailto:enquiries@shineforkids.org.au) to find out if this program is available to your child or a child you know.



## How do I become a trained mentor?

Email us at [volunteer@shineforkids.org.au](mailto:volunteer@shineforkids.org.au) to register your interest in becoming a volunteer mentor.



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